

# ELASTIC BRACELETS ROUND HEISHI MODEL FRUIT SALAD

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Easy



20 minutes



#### What to make as a heishi bracelet for summer?

Our "Fruit Salad" heishi bead kit is here! And for your pleasure, we've added charms. These kits are the perfect gift for a friend who wants to start making jewelry but doesn't know where to begin!

We've come up with a kit in peppy, tangy colors, hence the name Fruit Salad! For just €15.90, you'll find in this kit:

- 4 strands of <u>heishi</u> 6 mm polymer clay <u>round beads</u>, approx. 38 cm long: blue, fluorescent orange, white and stone-effect green.
- 1 spool of 25-meter 0.8 mm elastic thread
- gold-plated metal beads (seguins, pendants, charms, heishi, flower rondelles, etc.)
- 1 gradient cowrie shell
- polymer clay fruit beads (avocado, orange, apple, etc.) and many more!

With this kit, you'll be able to make a dozen bracelets perfect for wearing on the beach this summer. These bracelets are very easy to assemble: all you need to know is how to <u>make a surgeon's knot</u> with elastic thread, i.e. a classic knot in which the thread is wound twice. You can also make necklaces, ankle chains, telephone jewelry, etc. A multitude of creations with heishis are possible with this kit.

The kit *Fruit salad* is the third in our series of heishi bead kits. You can also find <u>our *Canopée* kit</u> in shades of green and black and our *Prairie* kit in shades of green, pink and white, the first 2 in the family!

These kits are a great activity to keep young and old busy! Why not also organize workshops with your children to offer them a fun and playful activity. There's nothing more satisfying than the pleasure of handmade!



## Which material to use for Elastic bracelets round heishi model Fruit Salad?

## **SUPPLIES**



6x1mm Heishi polymer clay beads kit By Perles & Co - Fruit salad x1

Ref. : KIT-476 Quantity : 1



### steps

#### ★ Step 1/5

Cut a length of elastic thread to suit your needs (around the neck, wrist or ankle) and leave an extra margin for the knot. Generally speaking, you can use between 20 and 25 cm for a bracelet.

Stretch the wire before stringing the beads. Elastic thread tends to stretch with use, so it's best to stretch it before closing it to avoid it expanding and creating empty spaces without beads.



#### ★ Step 2/5

String your heishi beads and other kit elements as you see fit until you achieve the ideal length.

Tip: If you're making a symmetrical design, start at the center so you can adjust the pattern or length without having to undo everything each time.

NB: To place the cowrie shell, you can create loops around each end of the shell with the same thread.



#### ★ Step 3/5

Create as many jewels as you like, letting your imagination run wild and playing with the colors and elements available in the kit. Here are a few ideas: bracelets, necklaces, anklets, telephone jewelry...





#### ★ Step 4/5

When you've finished stringing beads, make a surgeon's knot. This is a "classic" knot in which the wire has been wound (or crossed) twice before tightening. Tie a first knot to bring the two ends of the bracelet together (see step 5).



#### ★ Step 5/5

Then repeat the previous step, tying a second identical knot to secure the bracelet. Pull the ends of the bracelet tightly to check that the knots hold as you pull the elastic apart.

If you wish, you can make additional knots, or add a dot of glue if necessary, before cutting off the excess thread.





# Result



