

DIY RUDRAKSHA BEAD BRACELET OR SHIVA'S TEARS

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Easy



10 minutes

How to make a Rudraksha bracelet?

Rudraksha beads are seeds of a tree native to India. These seeds have a sacred value for the Hindus. It is said that the god Shiva, while having a vision of the wishes and sufferings of men, cried a tear which gave birth to the Rudraksha tree. It is believed that depending on the number of sides of the seed, it has a different power. The ones we sell are the most common. They are 5 sided Rudraksha beads and are believed to facilitate inner peace and meditation. These beads are very often found on meditation malas , especially for Yoga.

They are also used for jewelry in India. Today, we propose you a model of bracelet made with these mysterious beads that you can wear even if you do not plan to meditate or Yoga in the immediate future ;) . By combining the Rudraksha beads with gold cups, you can easily create a classy bracelet that will look great with a summer outfit. Thanks to the memory wire, the bracelet will keep a nice round shape. Add a small discreet spring clasp or a magnetic clasp to make sure you don't lose your bracelet, and it will look like a very aesthetic ring. Don't hesitate to reproduce this idea with other types of beads too. We have plenty of other jewelry tutorials available.

If your wrist size is more than 15.5 cm, you will need 1 bag of Rudraksha beads and 1 extra bag of cups.

Looking for a meditation mala with these beads? Here are some other tutorials to inspire you:

Which material to use for DIY Rudraksha bead bracelet or Shiva's tears?

SUPPLIES



12mm Rudraksha natural seed beads - shiva tears x10
Ref. : BOI-040
Quantity : 1



11mm striated bead Caps - Fine Gold plated x6
Ref. : CP-185
Quantity : 3



60mm Memory bracelet - Gold Tone x112 tours
Ref. : FCU-958
Quantity : 1



Gold Filled magnetic clasp 4mm x1
Ref. : GLD-089
Quantity : 1



Beads - natural seeds of Rudraksha - shiva tears 10 mm x10
Ref. : PB-849
Quantity : 1

SUPPLIES



Xuron Cutting pliers Memory wire shears
Ref. : OUTIL-026
Quantity : 1



Pince ronde manche pailleté
Ref. : OUTIL-134
Quantity : 1

steps

★ Step 1/4

Cut almost **two full turns of memory wire** with a special memory wire cutter. The bracelet will only make one turn, but the beads are large, so you need to enlarge the diameter of the bracelet. Once the beads are strung, it will take care of itself.

If your wrist size is more than 15.5 cm, you will need a little more than two turns, 1 extra bag of Rudraksha beads and 1 extra bag of cups.



★ Step 2/4

On one end, form a loop with round pliers. You will need to push the wire against the pliers with your finger, as the wire is very hard to form.



★ Step 3/4

String the following beads: 1 rudraksha 10 mm, then 4 times 1 cup, 1 rudraksha 10 mm, 1 cup. Then 1 single time, 1 cup, 1 rudraksha 12 mm, 1 cup then repeat 4 times 1 cup, 1 rudraksha 10 mm, 1 cup and finish with 1 rudraksha 10 mm.

You may need to **adjust the number of beads according to the width of your wrist**. Test on your wrist before cutting off the excess thread and forming the loop.



★ Step 4/4

Open the loops on the wire a little and slide the clasp through. Then close the loops tightly.



Result

