

## KUNZITE - BENEFITS AND PROPERTIES

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Kunzite is a pretty, pink-colored natural stone. Renowned for its softness and delicate shades of pink to violet, it is appreciated for creating refined jewelry such as necklaces, bracelets, earrings and rings. Buy [kunzite beads](#) and be inspired by our [natural stone jewelry](#) tutorials to create beautiful DIY jewelry.



### The history of kunzite

Discovered relatively recently, kunzite is not surrounded by any ancient myths or legends. It was in 1902, in California, that American gemologist George Frederick Kunz, working for Tiffany & Co., unearthed this gemstone. It was named in his honor by Professor Charles Baskerville, paying tribute to the man who introduced it to the world.



### What color is kunzite?

This fine stone is typically pale pink, with shades of violet to pink, due to the presence of manganese in its composition. Transparent to translucent, it has a vitreous luster. Because of its color, it is sometimes confused with morganite, rose quartz and pink tourmaline.

### What are the properties of kunzite stone?

Kunzite is a variety of spodumene in the pyroxene family. It has a hardness of between 6.5 and 7 on the [Mohs scale](#) and a density of 3.2 g/cm<sup>3</sup>.

### Where is kunzite found?

The main deposits are in Burma, Brazil, the United States, Madagascar, Afghanistan and Pakistan.



### What are the benefits of kunzite?

In lithotherapy, kunzite is a gemstone renowned for its soothing properties. It is said to calm emotions, reduce anxiety and encourage a sense of inner peace.

It is also considered a protective stone, helping to shield oneself from negative vibes, while promoting self-acceptance and self-love.

Like many rose-colored stones, this natural stone is associated with the heart chakra. It is also used to promote self-acceptance and self-love.

It is the stone of the Scorpio, Libra and Taurus zodiac signs.

*Please note: our gemstones are not sold for lithotherapy. The effects of stones have not been scientifically proven. Natural stones are no substitute for medical expertise or treatment.*

### How do I purify and recharge kunzite?

Like other natural stones, kunzite should be purified and recharged regularly to preserve and maximize its energetic benefits.

Use sage, palo santo or incense smoke to purify kunzite.

To recharge this pink stone, place it under moonlight, which will restore its energy.

### How to wear kunzite

When creating DIY costume jewelry, the cool tones of 925 silver and stainless steel will underline the softness of this gemstone, offering elegant and refined creations.

What stone to match kunzite with? This pink stone pairs well with natural stones of the same color or similar shades, such as rose quartz, morganite or pink tourmaline.

It can also be married with amethyst for meditation.

Combined with moonstone, it can help harmonize emotions.

On the other hand, it is not recommended to combine it with stones with very deep-rooted or protective energies, such as black obsidian, as they could conflict with kunzite's gentle, elevated energy.

Result