

RUBIES: MEANINGS, ORIGINS AND BENEFITS

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Ruby is one of the four gemstones along with emerald, diamond and sapphire. Its dazzling beauty and intense red color make it an exceptional gemstone for the creation of DIY costume jewelry. Get inspired by our tutorials and create beautiful [natural stone jewelry](#).



What does ruby mean?

The name of this gemstone comes from the Latin "ruber" meaning "red".

The origins of ruby

Ancient civilizations attributed mystical powers to rubies. In India, it was known as "ratnaraj", the king of gems. It was believed to bring protection and prosperity to the wearer. In ancient Burma, warriors inlaid rubies into their skin to make themselves invincible in battle. It was also seen as a talisman of peace, capable of pacifying conflicts and attracting harmony. In some religious traditions, rubies were used to adorn liturgical objects such as crosses, chalices and episcopal rings, reinforcing the association between this precious stone and the blood of Christ. Originating in Myanmar, the "Sunrise" ruby, weighing 25.59 carats, is one of the most famous in the world. In addition to its pigeon's blood red (bright red) color, it is extremely pure and cushion-cut. This exceptional stone was auctioned by Sotheby's in Geneva in May 2015. It achieved a record price of \$30.3 million, making it the most expensive ruby ever sold at auction at that time.



What color is ruby?

This natural stone is famous for its red color, which can range from pale pink to deep blood red, often referred to as pigeon's blood. Pigeon's blood ruby is a highly sought-after variety. Because of its color, it has often been confused with red spinel and garnet. Some stones exhibit a phenomenon called "asterism", an optical effect forming a six-rayed star on the stone's surface. These star rubies are particularly rare and precious.

What are ruby's properties?

Like sapphire, this red-colored stone is a member of the Corundum family. It has a hardness of 9 on the [Mohs scale](#), second only to diamond. Because of its hardness and beauty, it is highly prized in jewelry. Ruby is often used in rings, necklaces, earrings and bracelets. Its density ranges from 3.97 to 4.05 g/cm³.

Where is ruby found?

The main deposits are found in Burma, Tanzania, Thailand, Afghanistan, Mozambique, Sri Lanka, Myanmar and Vietnam.



What are ruby's virtues?

In lithotherapy, ruby is often associated with strength, vitality and passionate love. Some believe it can also awaken passion and bring great self-confidence. This gemstone is said to be effective with the heart chakra. It can increase self-assurance and self-confidence. If you were born under the sign of Capricorn, ruby is the stone for you! Please note: our gemstones are not sold for lithotherapy. The effects of stones have not been scientifically proven. Natural stones are no substitute for medical expertise or treatment.

How do I recharge a ruby?

Before recharging your stone, it's important to purify it. To do this, immerse it in salted, distilled or demineralized water. Another method is to use white sage fumigations. To recharge it, expose it to sun or moonlight, or place it on a quartz cluster to restore its energy.

How to wear a ruby

This gemstone goes wonderfully well with precious metals. Gold plating or gold filled (laminated gold) particularly enhance its warmth and brilliance, creating jewels that exude luxury and tradition. For a more modern look, stainless steel or 925 silver are perfect choices, adding a touch of contemporary elegance to ruby's red depth. What stones to match ruby with? Ruby can be paired with stones such as diamonds for a powerful combination of luxury and beauty. In lithotherapy, it is often associated with moonstone or peridot, to balance its intense energy with softer vibrations. With jade or malachite, it radiates a gentle, benevolent energy. However, avoid pairing it with overly energizing stones, such as garnet, so as not to disrupt its positive effects. With apatite or blue agate, its effects could be cancelled out.

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