

# LEPIDOLITE: MEANING, PROPERTIES AND BENEFITS

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## LE LÉPIDOLITE

**Signification, origine et  
propriétés**



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Lepidolite is a natural stone much appreciated in lithotherapy for its soothing qualities and in jewelry for its color and brilliance. Discover [our lepidolite beads and jewelry components](#) to create your own [natural stone jewelry](#), inspired by our many tutorials!



### What is lepidolite?

The name of this natural stone comes from the Greek "Lepidos", meaning "scale". It was originally named "Lilalite" by the German naturalist and geologist Nicolaus Poda von Neuhaus, in reference to its color. But German chemist Martin Klaproth found the name unconvincing. It was he who gave it its definitive name of "Lepidolite" in the 18th century, in reference to its scaly structure. A little anecdote: Do you say "lepidolite" or "la lépidolite"? Both variants are accepted.

### The origin of lepidolite stone

In the past, there were no sources or myths referring to this gemstone. Its chemical composition is rich in lithium, a very light metal used in the manufacture of rechargeable batteries for computers and cell phones.



Oval cabochon in Lepidolite gemstone

Round Lepidolite beads

Round Lepidolite cabochon

### What are the properties of lepidolite?

This natural stone has a hardness of between 2.5 and 4 on the Mohs scale, making it a brittle stone. Its density ranges from 2.8 to 2.9 g/cm³. It belongs to the Micas family.

### What color is lepidolite?

Lepidolite is a fine stone whose color ranges from pink to purplish-pink, with pink-gray or mauve-lilac specimens. It is sometimes confused with amethyst and certain varieties of kunzite, because of their violet color.

### Where is lepidolite found?

The main deposits are found in Brazil, Peru, Russia, Afghanistan, Norway, Tanzania, Canada, the United States, Zimbabwe, India and Madagascar.



### What are lepidolite's virtues?

In lithotherapy, lepidolite is considered a calming and protective stone. It enables us to concentrate and focus our attention on what's essential, to make objective personal and professional decisions, and to draw focused conclusions. It ensures inner calm and peace, creates self-confidence and stabilizes emotions.

This stone is said to aid spiritual and soul development.

This gemstone is linked to the heart chakra and the crown chakra (also known as the frontal chakra or Third Eye). Associated with the heart chakra, it promotes harmonious relationships. Linked to the crown chakra, it facilitates reflection and meditation, while calming the mind.

It's the perfect stone for Aquarians, Sagittarians and Capricorns.

*Please note: our gemstones are not sold for lithotherapy. The effects of stones have not been scientifically proven. Natural stones are no substitute for medical expertise or treatment.*

### How do I recharge a lepidolite stone?

Lithotherapists recommend regular cleansing and recharging of your stone to rid it of the negative energies it has accumulated over time and restore all its virtues.

To cleanse it, there are several solutions: you can rinse it with clear water or use incense fumigations.

To purify it, simply place it in the light of the moon's rays for a few hours. To reinforce this ritual, place it on a quartz cluster or in an amethyst geode.

### How to use lepidolite

Its mauve color blends equally well with silver and gold. To create your own DIY costume jewelry, combine it with Gold-Filled, Gold-Plated, Silver 925 or Stainless Steel jewelry primers.

In lithotherapy, this gemstone can be combined with other natural stones to enhance or complement its benefits:

- With rose quartz, it would reinforce the soothing and comforting aspects, reducing stress and anxiety.
- Combined with Lepidolite, lapis lazuli or azurite would strengthen the third eye.
- With amethyst, it encourages a better spiritual connection and has relaxing properties.
- With aquamarine, it would bring emotional calm and enable you to express your thoughts calmly.
- With labradorite, it balances emotions and brings a sense of security.

Which stones should not be combined? Lepidolite should not be associated with lava stones, black tourmaline or carnelian. These stones are too energetic or have conflicting properties, which could counteract the effects of lepidolite.

Result