

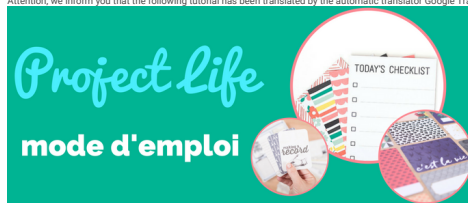
HOW TO START A PROJECT LIFE ALBUM?

By : Perles & Co



0 minutes

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WHAT IS THE LIFE PROJECT?

Project Life, a concept invented by the American **Becky Higgins**, is a simple and creative method to highlight your memories. Like a logbook or diary, it traces your everyday life week after week, month after month.

The goal is to make an album a year and you keep a record of your life. All the elements of your daily life can appear in your Project Life album: a family walk, a weekend in a capital, the first steps of your child, a meal with friends, your creations ... All the memories you want to record will have their place in your Project Life album.

What sets Project Life apart from other methods like scrapbooking is its simplicity: you need a binder, pockets, cards and photos. Of course, nothing prevents you from embellishing your album by adding decorative elements ([badges](#), [stickers](#), [masking tape](#), [ink pads](#), etc.). It's up to you to let your imagination and your creative desires speak!

So if you are wondering how to make a project life album, read our technical sheet and this activity créative will have no secret for you!

Here is a video (in English) that presents in less than two minutes the concept of Project Life.

WHAT MATERIAL FOR THE LIFE PROJECT?

How to choose your Project Life album?

There are several album formats. On the shop Perles & Co, we offer a [classic format of 30x30 cm](#), ideal for mixing photos, texts and other decorations.

Les albums *Project Life*



How to choose Project Life kits?

The [pochettes](#) you need to choose are based on the workbook format.

There are several designs for pouches: a more or less large number of compartments of different shapes and sizes. These covers can be mixed, it's up to you to see what is the rendering you want in your album.

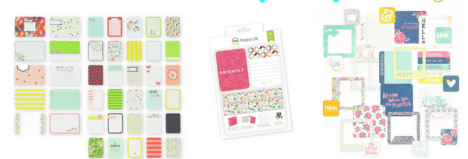
Les pochettes *Project Life*



How to choose your Project Life cards?

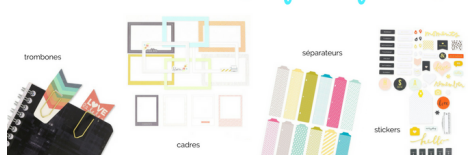
There is a wide variety of Project Life cards. There are sets with themes. They are ideal to save time and easily create a harmony throughout the constitution of your album.

Les sets de cartes *Project Life*



With the album, covers and cards, you have the necessary equipment to start your album. If you wish you can customize your project with [embellishments](#).

Les embellissements *Project Life*



HOW TO START A LIFE PROJECT?

Nos 10 conseils pour débiter un album *Project Life*



Are you ready to embark on the Project Life adventure? Here are our 10 tips to start your album and keep motivation throughout this creative challenge!

Tip # 1 - Get started with a simple project

To begin, it is essential to set reasonable goals such as starting with a Project Life on your next trip abroad or your next summer vacation.

Once you have tested the concept, you can get started in a Project Life that records your daily life.

Tip # 2 - Take pictures daily and sort them each week

Your mobile phone will be your best ally in a Project Life! Remember to save your photos on your computer every week by organizing folders. This will save you time.

Tip # 3 - Write down and keep EVERYTHING!

On a dedicated notebook, in your phone, your calendar, think every day to record an anecdote, a pleasant memory.

All these writings will allow you to prepare the "journaling" part of your Project Life album. Indeed, this one consists of photos and text. Also, note the fun phrase of your little one, the cake recipe you tested, a quote in a book that you particularly liked.

In parallel, to give a personal touch to your album, remember to keep the papers of everyday life: places of cinema or concert, ticket of transport of a foreign city, a postcard which you received, etc.

Tip # 4 - Plan a Time Each Week for Project Life

Attention this should not be considered as a constraint quite the contrary! This is a moment for you, a ritual where you will enjoy reliving the little moments of happiness of the past week.

Tip # 5 - Be diligent and anticipate!

Project Life requires a certain regularity if you choose to do a double page a week. To avoid getting too late and therefore discouraged, be careful not to get too late.

When you are on vacation or have time, you can prepare cards in advance.

There are several appointments in the year that you can anticipate (birthdays, eve, holidays, etc.)

Tip # 6 - Give yourself a theme

You can also divert the principle of Project Life and make it a thematic logbook.

• For stoves: showcase your kitchen recipes and photos of your dishes,

• For the breaders: stage your creations: the images of your sources of inspiration, the material, the photos of the stages, the final result, your impressions, the difficulties encountered ... like a logbook of the creator,

• For moms: tell the story of your kids week after week,

• For knitters: keep in memory all your knitting projects (your creations, your samples, the strips of balls used).

Tip # 7 - Focus on Simplicity

In order not to get discouraged over the weeks, the best advice is to keep things simple and go to the basics! Use ready-made cards, write in a few lines a souvenir, choose just a few embellishments

Tip # 8 - Choose a harmony

Your Project Life album must keep some harmony throughout the pages. To do this, you can choose to use the entire collection of cards from the same collection. You are thus certain (e) to keep a harmony in the colors, the design and it is also a saving of time!

If you want to start creating your own cards, choose your colors and limit yourself to a maximum of 3.

Tip # 9 - Print your photos yourself

Photos are the heart of Project Life and the easiest and fastest way is to print your photos at home. So, you save yourself the task of going to the photo shop every week.

Tip # 10 - Store your Project Life material in a box

In your workshop (if you're lucky enough to have one) create a dedicated project life storage space. In this box or box, you will store all the necessary equipment (card, embellishment, stamps, pens and markers). This will make it easier for you every week.

We hope that this presentation of Project Life has made you want to get started. It will be a great satisfaction to watch your albums and remember all these nice memories.

We like to see what you realize ... So do not hesitate to send us photos of your albums on our [Facebook](#) page or to tag us on [Instagram](#) #perlesandco.

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